



An Association of Mtn. Bike Enthusiasts
Huntington, Utah 84528 meccabike01@gmail.com

Bike the Swell Lamar Guymon Memorial Mtn. Bike Festival April 28 to 30, 2023

Biketheswell.org

ITINERARY

HELMETS REQUIRED ON ALL RIDES --- Dogs welcome at gatherings but please, not on rides.

Friday – April 28

1:00 p.m. REGISTRATION begins at Buckhorn RV Resort; 570 N 200 W; Huntington, Utah

- * Collect your swag bag – FULL of incredible gifts and your good-looking festival T-shirt
- * Meet and visit with your welcoming MECCA friends; ask questions; look at maps; etc.
- * Sign up for your Saturday ride
- * Put your name in for the prize drawing for HUGE prizes – including new bikes from **Altitude Cycle**.
- * Get free basic bike maintenance from one of **Recreation Underground's** expert mechanics, if needed.

3:00 p.m. WARM UP RIDE **Around Huntington Reservoir** – *Easy ride, just over 3 miles on mostly paved trail.*

1:00-7:30 p.m. – **REGISTRATION CONTINUES.** Hang out, at the resort - enjoy some music, play some lawn games. Be sure to check out one of Emery County's excellent restaurants for a yummy dinner.

6:30 p.m. Return to the resort for a yummy snack provided by **Forbidden Fruit!**

7:00 p.m. – **GAMES; PRIZE DRAWING AND PROGRAM** – Resort group site. Those who pre-registered do not need to be present to win – but it's WAY more fun if you can be there!

Saturday – April 29

8:00-9:30 a.m. – **REGISTRATION CONTINUES + BREAKFAST** at Buckhorn RV Resort. Delicious breakfast burritos from **Lamy's** and coffee from **Cup of Joes**.

9:30 a.m. – Bring your lunch, water, bike, helmet, gloves, spare tubes, sunglasses, sunscreen and energy - line up and convoy out to your choice of one of our four rides.

- **BEGINNER = Spirit Railroad** - Never-completed railroad – grade was built in 1882. See dugouts where the workers lived, petroglyphs wild flowers, antelope and lots of history. Ride 15 miles on the grade in dirt.
- **INTERMEDIATE = East Wedge Overlook** - Convoy out of town about 13 miles. FABULOUS views into Little Grand Canyon. See wild flowers, antelope, and maybe big-horn sheep.
- **ADVANCED = Red Point** - Just a couple of miles out of town to begin this Adventure Ride. It is a 6 mile out and back ride along the cliff bands in steep, rugged terrain. Excellent bird's-eye views of Emery County and the beautiful San Rafael Swell. **NO SMALL BIKES ALLOWED.**
- **RIDES MAY CHANGE AND MORE RIDES ARE STILL BEING CONSIDERED** - Full list will be available later.

5:00 p.m. – After your day on the trail, hit the lawn at the Buckhorn Resort for more music, **corn-hole, lawn games and Bike Bingo** with prizes! Yummy, all-you-can-eat **DINNER** will be catered by **Ponderosa Grill** right there at the group site – beginning at 5:00 p.m.

Sunday – April 30

8:00-9:30 a.m. - Meet up and hang out with your biking buddies at the Buckhorn Resort with coffee, juice & light breakfast treats from **Cup of Joes** and **Ponderosa Grill**.

9:30 a.m. - Bring your snacks, water, bike, helmet, gloves, spare tubes, sunglasses, sunscreen and energy - head out to ride on your own. MECCA folks will help you find the perfect ride for you, but will not be guiding rides on Sunday.

*One suggestion: If you are headed north, you may want to stop in Price and ride **WOODHILL Trail System** (Intermediate/Advanced) Located on the plateaus overlooking the town of Price. Lots of fun single-track trails. The beginning of the trail system is easy for even young kids to tackle.*

Then head home with a wonderfully stiff and sore body and a head full of beautiful memories and happy thoughts!