

MECCA – An Association of Mtn. Bike Enthusiasts
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Bike the Swell Lamar Guymon Memorial Mtn. Bike Festival **April 28 to 30, 2023**

Biketheswell.org. ITINERARY

HELMETS REQUIRED ON ALL RIDES **Dogs welcome at gatherings but please, not on rides.**

Friday – April 28

1:00 p.m. REGISTRATION begins at Buckhorn RV Resort; 570 N 200 W; Huntington, Utah

- * Check in
- * Collect your swag bag – FULL of incredible gifts
- * Get your good-looking festival T-shirt
- * Meet and visit with your welcoming MECCA friends; ask questions; look at maps; etc.
- * Sign up for your Saturday ride
- * Put your name in for the prize drawing for HUGE prizes – including new bikes from **Altitude Cycle.**
- * Get free basic bike maintenance from one of **Recreation Underground's** expert mechanics, if needed.

3:00 p.m. WARM UP RIDE

-Around Huntington Reservoir – *Easy ride, just over 3 miles on mostly paved trail.*

1:00-7:30 p.m. – REGISTRATION CONTINUES. *Hang out, at the resort - enjoy some music, play some lawn games, or even take your own little bike ride around town. Be sure to check out one of Emery County's excellent restaurants for a yummy dinner.*

6:30 p.m. Return to the resort for a yummy snack provided by Forbidden Fruit!

7:00 p.m. – GAMES; PRIZE DRAWING AND PROGRAM – Resort group site. *Those who pre-registered do not need to be present to win – but it's WAY more fun if you can be there!*

Saturday – April 29

8:00-9:30 a.m. – REGISTRATION CONTINUES + BREAKFAST at Buckhorn RV Resort. *Delicious breakfast burritos from **Lamy's** and coffee from **Cup of Joes.***

9:30 a.m. – *Bring your lunch, water, bike, helmet, gloves, spare tubes, sunglasses, sunscreen and energy - line up and convoy out to your choice of one of our four rides.*

- **BEGINNER = Spirit Railroad** - *Never-completed railroad – grade was built in 1882. See dugouts where the workers lived, petroglyphs, antelope, wild flowers – and lots of history. Drive about 10 miles into the desert & ride 15 miles on the grade in dirt.*
- **INTERMEDIATE = West Wedge Overlook** - *Convoy out of town about 13 miles. Ride 11 miles. Spectacular views of a part of the Wedge (Little Grand Canyon) that few ever see - also wild flowers, antelope, and maybe big-horn sheep*
- **ADVANCED = Red Point** - *Just a couple of miles out of town to begin this Adventure Ride. It is a 6 mile out and back ride along the cliff bands in steep, rugged terrain. Excellent bird's-eye views of Emery County and the beautiful San Rafael Swell. **NO SMALL BIKES ALLOWED.***

5:00 p.m. – *After your day on the trail, hit the lawn at the Buckhorn Resort for more music, **corn-hole,** **lawn games and Bike Bingo** with prizes! Yummy, all-you-can-eat **DINNER** will be catered by **Ponderosa Grill** right there at the group site – beginning at 5:00 p.m.*

Sunday – April 30

8:00-9:30 a.m. - *Meet up and hang out with your biking buddies at the Buckhorn Resort with coffee, juice & light breakfast treats from **Cup of Joes** and **Ponderosa Grill.***

9:30 a.m. - *Bring your snacks, water, bike, helmet, gloves, spare tubes, sunglasses, sunscreen and energy - head out to ride on your own. MECCA folks will help you find the perfect ride for you, but will not be guiding rides on Sunday.*

*One suggestion: If you are headed north, you may want to stop in Price and ride **WOODHILL Trail System** (Intermediate/Advanced) Located on the plateaus overlooking the town of Price. Lots of fun single-track trails. The beginning of the trail system is flat and easy for even young kids to tackle. Other suggestions: *HumBug/Jurassic Nat'l Monument; Cedar Mtn.; or Mexican Mtn.**

Then head home with a wonderfully stiff and sore body and a head full of beautiful memories and happy thoughts!